

Vicki Thomas

**Goal: 2009 World Cyclo-Cross Championships,
Hoogerhiede, Netherlands**

About Me

I am an Ottawa-based cyclist with a goal of representing Canada at the 2009 World Cyclo-Cross Championships.

I started racing my bike four years ago. I raced as a masters athlete. Squeezing racing and training between my job and other life commitments. But as I started to have more fun, I became more serious. I hired a coach. I started traveling throughout North America, racing as much as possible.

Then in 2007-2008, I took a chance. After a break-out cyclo-cross season in North America, I went to Belgium - where the world's best race and train.

I won't mince words, it was hard. A good hard. I thrived. I learned and improved so much. The highlight being a 4th place finish at the Masters World Cyclo-Cross Championships in Mol, Belgium.

2008 is a new year. Time to reach higher. Time to reach for the top level. I want to take a chance and push my limits.

You might be thinking - how can she do this? I got where I am with hard work and commitment. I know what it takes. I'm ready to put in the time, do the hard work, and show the world what I can do.

To achieve this goal of representing Canada, I need your help. This can come in many forms: equipment, travel assistance, hotel vouchers, money, product, etc.

I'm excited for the 2008-2009 bike racing season. There really are no limits.

What is cyclo-cross?

Cyclo-cross is one of the most difficult forms of bicycle racing. It is a winter sport, with the season starting in late September and ending in mid-February. Woodland trails, open meadows, mud, and short, steep hills are the main features of a cyclo-cross course. Normally the circuit is 2.5-3 km in length, and the race duration is around 40 minutes.

Cyclo-cross is also the most popular discipline of bicycle racing in North America. The United States championships are held over four days to accommodate racers and fans. In Europe, spectators arrive upwards of four hours early and will pay 20 dollars to watch the race.

The Road to the 2009 World Cyclo-Cross Championships 2008-2009 Race Schedule

- Oct. 11 Canadian Cyclo-Cross Championships, Edmonton, Alberta
- Oct. 12 Jim Horner Cyclo-Cross Grand Prix, Edmonton, Alberta
- Oct. 19 World Cup, Kalmthout, Belgium
- Oct. 21 Nacht van Woerden, Woerden, Netherlands
- Oct. 25, 26 US GP of Cyclocross weekend, Louisville, Kentucky
- Nov. 1,2 The Cycle-Smart International weekend, Northampton, Massachusetts
- Nov. 11 World Cup, Pijnacker, Netherlands
- Nov. 15, 16 US GP of Cyclocross weekend, West Windsor, New Jersey
- Nov. 29 World Cup, Koksijde, Netherlands
- Dec. 19 Scheldecross, Antwerp, Belgium
- Dec. 22 GP Montferland, Zeddam, Netherlands
- Dec. 26 World Cup, Hofstade, Belgium
- Dec. 29 Noordzeecross, Middlekerke, Belgium
- Dec. 30 Azencross, Loenhout, Belgium
- Jan. 14 International Centrum Cross, Surhuisterveen, Netherlands
- Jan. 18 World Cup, Roubaix, France
- Feb. 1 World Cyclo-Cross Championships, Hoogerhiede, Netherlands



Racing in Antwerp, Belgium (Dec. 21, 2007)

Striving For More
Pushing My Limits

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Racing to a 4th place finish at the Masters World Cyclo-Cross Championships, Mol, Belgium (Jan. 19, 2008)

Why Support Me?

Because I am you. I have a dream - just like you. I am just as committed to reaching my goals as you are.

I want to be the very best I can. I want to see how far I can go.

The way I see it the sky is the limit and there is no time like the present to live my dream.

Like you I have found my passion.

Like you - I want to succeed.

How we can work together

The options are limitless. Our relationship is flexible - we both have needs.

I am available for speaking engagements. If you are having a company event, I can come out and talk to your employees and customers. I can tell them my story - where I've been, where I'm going, and get them motivated.

Perhaps you have a charity that you support - I can do some fund raising for you as well.

Your logo will be displayed on my racing and training clothes. Providing exposure when I'm racing and training. Your logo will be displayed on my web site and in my monthly newsletters to supporters, friends, and media.

When asked, I'll tell people who my supporters are. I won't be shy. I'll let them know that you believe in me.

Let's sit down and work out the details. We can talk and see how we best fit together.

2007-2008 Top Results

- 1st Women's 3/4 Gloucester Gran Prix
- 2nd Women's 3/4 Gloucester Gran Prix
- 3rd Masters Women Canadian National Cyclo-Cross Championships
- 4th Masters World Cyclo-Cross Championships
- 7th Elite Women, Toronto International Pro-Am cyclo-cross
- 9th Elite Women, Toronto International Pro-Am cyclo-cross

What's Next?

We need to meet face-to-face.

You need to learn more about me. I need to learn more about you.

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